



WMRA NATIONS CUP

Event Regulations (14 Sept. 2021)



1. General:

1.1. INTRODUCTION

In 2021, due to the Corona pandemic situation, for the second consecutive year, a World Mountain Running Championships was not held. The member federations have selected teams, the runners were working hard to be ready for the most important Mountain Running race of the year. To enable at least one international race in the season for National teams, the WMRA decided to organize a new competition, called the WMRA Nations Cup.

This event is a one-time event to be held only in 2021. It could be held also in the future and could develop into a traditional WMRA competition but this is not the WMRA's intention for 2021.

- 1.2. Only the World Mountain Running Association, referred hereafter as 'WMRA', may stage the WMRA Nations Cup and is responsible for overseeing the organisation, regulations and application process for the Nations Cup. The event will be hosted and organised by the local organising committee referred hereafter as 'LOC.'
- 1.3. All Member Federations will be informed and invited to send teams and one official. Updated documents and results will be published on the WMRA website

2. Technical details:

- 2.1. Any typical Mountain running course is possible, but to be approved by the WMRA Council.

*In 2021 this will be The Val Bregaglia Trail in Chiavenna, Italy.
The course will be 19,5 long with 660 ascent and 1000m descent, same for women and men.
The date is Sunday, 31.Oct.*

- 2.2. The Nations Cup is for individuals and teams, senior men and women only who are entered by their national federations. There are no age-related competitions.
- 2.3. The event is included as a part of the traditional race which is open for all other runners to take part in the same race.
- 2.4. There will be two (2) individual results classifications for the single race. A general (overall) classification for the traditional race and a separate classification for the Nations Cup for National teams only.
- 2.5. Teams' composition:
 - a) each Federation may enter up to 4 athletes who can start (4 women and 4 men)
 - b) The first 3 to finish will score for the final team
- 2.6. Teams scoring
 - a) Men's and Women's team results shall be scored separately
 - b) The team results shall be decided by the aggregate of places recorded by the scoring competitors (first 3) of each team.
 - c) The team with the lowest aggregate of places for the three (3) counting runners will be judged the winner.
 - d) If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.

- e) Any tie will be decided in favour of the team whose last scoring member finishes nearer the first place.
- 2.7. Any Junior athlete, i.e. an athlete aged 18 or 19 years on 31 December in the year of the competition may also compete in the race.
- 2.8. The race will automatically be entered into the WMRA Mountain World Ranking.
- 2.9. Race events will be entitled to have the WMRA, and WA permit logos included on their publicity / race numbers for the event.
- 2.10. The course must be safe and well marked, so that all the participants have equal conditions.

3. Finances:

- 3.1. The organizer is responsible for all costs of the event organization.
- 3.2. The National teams are responsible for the costs of their travel and accommodation.
- 3.3. Accommodation should be organized by the LOC, but accommodation costs paid by the teams. The price per night should be agreed by the WMRA.
- 3.4. Accommodation for selected media to cover the event should be organized by the LOC with costs paid by the LOC for minimum 6 media providers for 2 nights.
- 3.5. Accommodation for WMRA Council members should be organized by the LOC with costs paid by the LOC for minimum 4 WMRA Council members for 2 nights.
- 3.6. In the case of air or train travel, local transportation should be organized by the LOC, but paid by the national teams for transfers from the nearest international airport / train station.
- 3.7. WMRA will provide the official medals for the winning individuals and teams competitions.

4. Race Organisers Responsibilities:

- 4.1. The race must be organised (and sanctioned) in accordance to the national rules (FIDAL Italy) for international sport events including medical service, insurance and doping control where selected for such controls.
- 4.2. An agreement in writing confirming the conditions outlined in this document shall be submitted by the LOC to the WMRA to be approved. An agreement in writing between the LOC and the National Athletic Federation (FIDAL Italy) confirming the right to host the Nations Cup to be submitted to the WMRA. These can be via email or by letter.
- 4.3. The LOC must take care for the environment when planning the course and remove all debris from the course after the race. Provision must be made for the impact of their race to limit the amount of material that will be discarded. Consideration should be made to use recyclable and recycled materials in race numbers, advertising, race packs, refreshment areas etc.
- 4.4. The race must provide adequate levels of capability on race management, promotion and provide adequate responsibility for the comfort and safety of all participants.
- 4.5. The web page should explain in local and English language important information for teams including details on travel to the location, the course distance and elevation, information about local rules for Covid-19 for the time of the race, and accommodation. WMRA can assist with providing this information to teams. A link to the WMRA web page should be included as well as the WMRA logo on the web page.
- 4.6. All branding and advertising material using the WMRA / WA permit logos must be approved by and agreed between all parties prior to use.
- 4.7. There could be anti-doping testing. On receiving this communication, the LOC will then be responsible for providing all necessary details including: a suitable room(s)/facilities, the required number of chaperones as well as arrange for the presence of certified testers via their National Anti-doping agency.

- 4.8. LOC will provide media content in news articles and Social Media posts in the build-up to race day, during the event and after the event.
- 4.9. LOC will provide the rights for the WMRA to use, free of charge, video material, photos and journalistic content created during the event in order to help promote the event.
- 4.10. WMRA provided banners and / or advertising material will be displayed in prominent and agreed locations. Items not returned to the WMRA following the event will incur a fee unless agreed in advance.
- 4.11. Race results will be emailed to the WMRA within 24 hours of the race finish in an agreed excel database format with the official timer/race event LOC. Race results shall be available online via the event's web page within 24 hours of the event.

5. Final Prizegiving Ceremony:

- 5.1. The LOC should organize a suitable ceremony using the standardised protocol and bear the costs of the ceremony.
- 5.2. Any prize money can only be paid to a runner selected for a doping control after the negative results of that doping control.
- 5.3. Race organizers shall provide equal prizes / prize money / for men and women. This prize money should be paid to a minimum of first 3 runners (men & women).