



# 1<sup>st</sup> NACAC Mountain Running Championships

4<sup>th</sup> July 2004 – Vail, Colorado - USA

## RESULTS



WOMEN			
1.	<b>Kelly RYAN</b>	<b>USA</b>	<b>1:00:21</b>
2.	Kelly LOW	USA	1:01:59
3.	Rene FRAZEE	USA	1:02:23
4.	Meghan DAY	CAN	1:03:02
5.	Judith LEROY	CAN	1:03:18
6.	Syl CORBETT	CAN	1:03:58
7.	Kari DISTEFANO	USA	1:04:33

MEN			
1.	<b>Paul LOW</b>	<b>USA</b>	<b>48:35</b>
2.	Peter DELA CERDA	USA	48:53
3.	Simon GUTIERREZ	USA	49:02
4.	Jason LOUTITT	CAN 1	49:52
5.	Mark WERNER	USA	50:36
6.	Graham COCKSEGE	CAN 1	51:51
7.	Michael BOOTH	CAN 1	52:06
8.	Peter VAIL	CAN 2	52:06
9.	Phil VILLENEUVE	CAN 2	53:36
10.	Ken MYERS	CAN 1	54:12
11.	Ryan LEEF	CAN 2	56:26
12.	Iam HALLAM	CAN 2	58:23

### Team ranking

TEAM			
	MEN		WOMEN
1.	<b>USA</b>	<b>6</b>	<b>USA</b>
2.	CAN 1	17	CAN
3.	CAN 2	25	