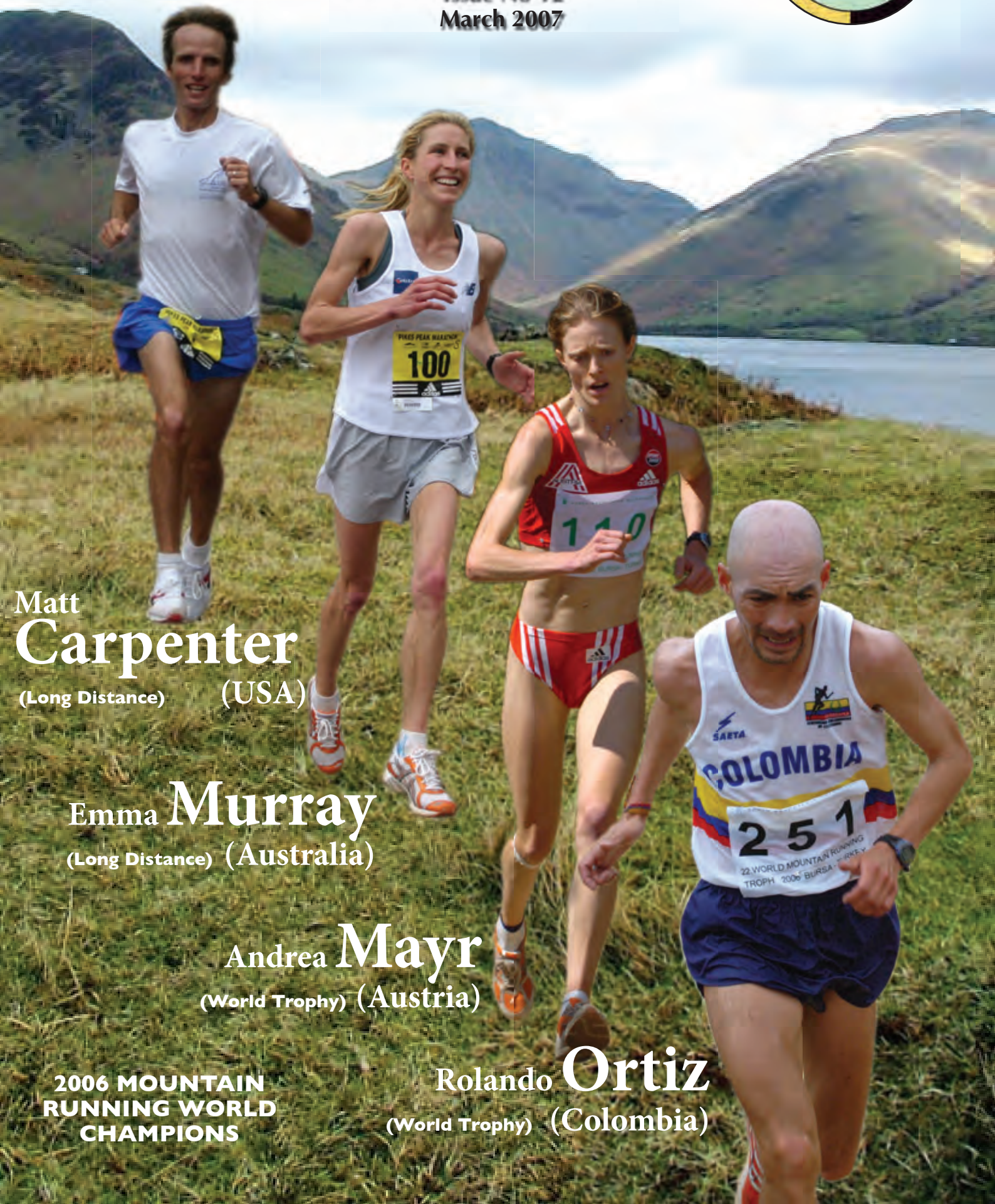




WORLD MOUNTAIN RUNNING ASSOCIATION NEWSLETTER 2007

Issue No 12
March 2007



Matt
Carpenter
(Long Distance) (USA)

Emma
Murray
(Long Distance) (Australia)

Andrea
Mayr
(World Trophy) (Austria)

2006 MOUNTAIN
RUNNING WORLD
CHAMPIONS

Rolando
Ortiz
(World Trophy) (Colombia)

EDITORIAL

In this editorial comment I would like to say a few words concerning the relationship between the WMRA and IAAF.

Because of the long term refusal of IAAF to grant mountain running official IAAF championship status our relationship is sometimes perceived, by those outside the administrative structure, athletes, race organisers, sponsors, and some national athletic federations, as largely negative. Nothing could be further from the truth.

It is true that some IAAF Council members have only a vague idea of what mountain running is about, but that did not prevent them supporting the inclusion of mountain running in the definition of athletics (IAAF rule 1) in 2003. Neither has it prevented them granting \$55,000 this year to WMRA to use in travel support for teams competing in the World Trophy, for Grand Prix support, and for WMRA administration.

In Pierre Weiss, now IAAF General Secretary, and Otto Klappert (Chairman of the IAAF Cross Country Committee) WMRA have great support, advice, and encouragement. Communication between them and the members of WMRA Council are excellent and WMRA Council meetings take place at the IAAF headquarters in Monaco. The latest aspect of our co-operation relates to Anti-doping arrangements for mountain running in which IAAF have absorbed some significant costs and agreed to one of their anti-doping staff sitting on the WMRA anti-doping commission.

WMRA now have nearly 40 national athletic federations signed up as members and last year a record 36 nations participated in our flagship event, the World Trophy.

In 1984 when the prospects for a worldwide mountain running movement were being discussed between Italy (Angelo de Biasi) and Gt. Britain (Danny Hughes) there was an important choice to be made. Do we opt for an independent movement similar to that taken by orienteering, or do we integrate with the athletic federations and IAAF? We knew that most mountain runners were also athletes who competed in traditional athletics, cross-country, road running, and even track. We also believed that the support of the powerful IAAF athletic body could introduce mountain running to new countries, and this belief has been confirmed. Hence our decision to go with the IAAF and they have been our Patrons since the late 1980's

I hope that these few words persuade those doubtful about how mountain running fits into the athletic family, especially those DOUBTFUL NATIONAL ATHLETIC FEDERATIONS, that mountain running is a valuable aspect of athletics which they should support with enthusiasm, and even – dare one say it – with some financial support for their mountain running athletes.

Danny Hughes (President WMRA)



Left to right: Bruno Gozzelino (Secretary) Otto Klappert (IAAF Cross Country) Nancy Hobbs (Treasurer) Danny Hughes (President) Pierre Weiss (IAAF General Secretary), Isabelle Marachal (Female Council Member), Tomo Sarf (Development), Adrian Woods (Marketing), Wolfgang Muenzel (Administration), Raimondo Balicco (Technical), Carlos Cardoso (IAAF Cross Country)

IAAF PRESIDENT'S MESSAGE

It is my great pleasure to write a message of goodwill for the latest edition of the WMRA Newsletter. Each year, the IAAF enjoys an even closer relationship with WMRA, and I am delighted with the mutual support that our organizations enjoy, for the benefit of the sport of athletics and runners all over the world. The fact that meetings of the WMRA Council are in Monaco, the home of the IAAF, demonstrates this excellent co-operation.

I am particularly pleased with the initiative to begin a new anti-doping programme in the WMRA. At their recent meeting in Monaco, WMRA Council appointed an Anti-Doping Commission, consisting of both WMRA and IAAF representatives, who will be responsible for

implementing the WMRA Anti-Doping regulations. The first meeting of the Commission will take place on 9 March when the final text of the regulations will be agreed and arrangements for both 'in competition' and 'out of competition' anti-dope testing will be announced.

The 2006 edition of the World Trophy in Turkey was also a great success and we are very pleased that this year it will be staged in Ovornaz, Switzerland, which is a traditional heartland of this speciality.

Lamine Diack
IAAF President



WMRA COUNCIL

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WMRA WEB SITE

(Courtesy of European Athletic Association):
www.wmra.info

THE WMRA ACCOUNT

Our account details, held in US\$, is as follows:

Wells Fargo Bank
5710 Constitution Avenue
Colorado Springs
CO 80915
USA

Routing number 102000076

Account number 1013312721

Note: add \$12 to your bill to cover all wire transfers.

23RD WMRA ANNUAL CONGRESS 2006,
BURSA (TURKEY)

The only elective issue at Congress was that for the reserved position on WMRA Council for a woman.

We had two well qualified candidates and Isabelle Marachal (FRA) was elected by the narrowest of margins – just one vote – from Anna Pichrtova (CZE).

Isabelle is an experienced athletic administrator working for the French Athletic Federation (FFA) as their Deputy Competition Director. She has been 'thrown in at the deep end' by Council when they appointed her Organisational Delegate for the 2007 World Trophy in Switzerland during their recent meeting in Monaco. All organisational matters related to the World Trophy should be addressed to Isabelle at her e-mail address. If you can give your questions in French she will be much relieved!



Isabelle Marachal
(FRA)

2008 WORLD MASTERS CHAMPIONSHIPS

Dolni Morava (Czech Republic) has been chosen as the venue for the 2008 World Masters. The venue is a small ski centre near to the town of Kraliky in the north of the Czech R. on the border with Poland. The organiser and main sponsor is Jan Simunek who is the managing director of the engineering firm ISCAEX.



Jan Simunek

Jan is an experienced athlete in masters competitions. He finished 38th in the M55 category at last years World Championships, and understands very well the requirements of such an event. The races will take place on 7th September 2008 and the courses are uphill only.

INCREASE IN IAAF SUPPORT

IAAF Council announce an increase in support for mountain running to \$55,000. WMRA allocate \$40,000 of this to travel subvention for the World Trophy, \$6,000 towards prize money for the Grand Prix and the remainder for WMRA administration..

WMRA operate on a tight budget, all Council members being unpaid volunteers and some supported by their national athletic organisations for travel expenses. Our treasurer, Nancy Hobbs presents Congress with a detailed financial report each year.

As further evidence of the close co-operation between WMRA and IAAF, WMRA Council members are now included in the IAAF travel insurance policy for their travels on WMRA business.

WMRA 2007 GRAND PRIX SERIES
NEW FORMAT

With the help of IAAF WMRA have been able to increase its contribution to the overall GP prize fund to 6,000€.

The GP this year will consist of just four races (best three results to count) each of which will contribute 1,500€ and be classed as IAAF permit events.

Discussions are under way with interested athletes on the form that the 2008 Grand Prix may take. If you have any ideas pass them to Council member Tomo Sarf who is in charge of all Grand Prix arrangements.

NARROW ESCAPE FROM DEATH

An accident occurred last November in which Danny Hughes (President WMRA); Melissa Moon (Ex World Champion) Anna Pichrtova (European Champion) and Izabela Zatorska (Multiple medallist in European and World Trophy races) were all lucky not to be killed..



They were being driven to the remote venue of the Obudu Ranch Mountain Race, Cross River State, Nigeria on Thursday 23rd November; when the driver of the

Mercedes Benz four-wheel drive vehicle lost control at speed on a bend and turned the vehicle over. They were extricated from the wrecked vehicle by media people following behind in a bus.

Danny Hughes in the front passenger seat escaped with minor cuts and bruises. Melissa Moon sustained bruises but was still able to run in the mountain race on 25th November. Both Anna and Izabela were less fortunate and sustained serious but not life threatening



Anna, Melissa, and Izabela, medallists at the 2001 world trophy

injuries – these being broken bones, rib, chest and vertebrae damage.

They were flown back to hospital in Calabar the following day where Anna underwent an initial operation on her arm. They spent two nights in hospital before travelling home on overnight flights from Lagos.

On arriving home, both were hospitalised and assessment of their injuries showed that they were more serious than was revealed to us when in Nigeria. Anna underwent further complicated

surgery on her arm. Izabela was transferred to a hospital specialising in chest injuries. They both spent several days in hospital and have returned since for further operations. Anna still has titanium plates in her arm and Izabela still wears a back support to aid recovery from cracked vertebrae

Compensation of \$25,000 each was negotiated with the event organisers and handed over in February by William Archibong, Chairman of the LOC, on behalf of the Governor of Cross River State.



William Archibong; Izabela Zatorska; Danny Hughes

DANELLE BALLENGEE (USA) - 'LUCKY TO BE ALIVE'

(An edited version of a report by Brian Metzler)

Danelle Ballengee, the 2006 WMRA World Long Distance Mountain Running Challenge silver medalist and a past member of the USA World Trophy team in 1996, 97, 99 and 2001, is in the midst of a long recovery from serious injuries suffered after falling during a training run on remote mountain terrain last December. She has a titanium plate and pins surgically implanted into her pelvis and sacrum to repair the injuries.

Ballengee slipped on a patch of black ice and tumbled about 60 feet off three successive rock faces, each of which was 10 to 25 feet below the next.

"I knew it was icy and I was being very careful, but my foot just slipped," she said. "The next thing I knew I was just sliding and there was no way to stop until I hit the bottom."

She spent 53 hours in the wilderness in temperatures ranging from the low 20 degrees F at night to the mid-40s during the day. A Search and Rescue team finally found her after her dog, Taz, a 3-year-old German shepherd/golden retriever mix, led rescuers on a five-mile journey to the

accident site. It was her most loyal companion and not so much her athletic prowess that saved her life.

"I'm just happy to be alive," said Ballengee, who also suffered severe frostbite on her feet, internal bleeding and numerous cuts and bruises in the incident. "It was a horrible accident, but a fortunate turn of events saved my life. My dog is so awesome. He has no idea how important he is."

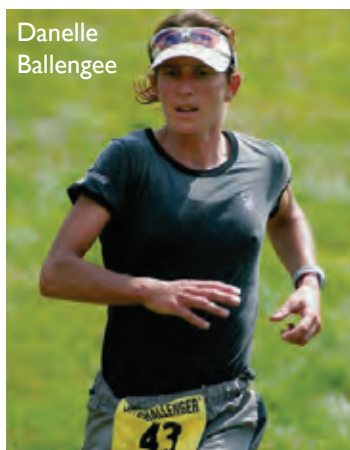
After the fall, Ballengee was dazed and in severe pain, but she managed to crawl about a quarter mile on her hands and knees over the next five hours before darkness set in. "I did everything I could to stay alive," she said. "I stayed awake the entire time because I knew if I fell asleep I'd be dead."

Ballengee has been wheelchair bound since leaving the hospital on Dec. 31.

Although it might be several weeks before she can walk again, Ballengee is expected to make a full

recovery.

For more information contact Brian on: bmetzler@indra.com



Danelle Ballengee

WMRA ANTI-DOPING COMMISSION.

Following the announcement last year, that WMRA would work together with IAAF to ensure that a comprehensive anti-doping programme was implemented for WMRA events, the WMRA Council have set up an Anti-Doping Commission to oversee our work in this field.

The Commission members are - Danny Hughes (GBR); Bruno Gozzelino (ITA); Tomo Sarf (SLO); Dr Sonja Ambrosy (GER); and Thomas Capdevielle (IAAF), assisted by Dr Gabriel Dollé (Director of IAAF Medical and Anti-Doping Department).

By the time you read this the WMRA anti-doping regulations should have been published on our web page.

'In competition' dope testing will be mandatory for the World Trophy, the World Challenge, the Masters events, and the Grand Prix events. 'Out of competition' dope testing will take place for a limited number of leading mountain runners whose names will be supplied to IAAF by WMRA and, of course, athletes and federations informed.

3RD WORLD LONG DISTANCE MOUNTAIN RUNNING CHALLENGE

Pikes Peak Marathon - Manitou Springs (Colorado) USA



G.Burrell

M.Carpenter

Zac Freudenburg

Predictions about the winner of the men's WMRA Third World Long Distance Challenge were correct in identifying local boy Matt Carpenter; a six times winner on this Colorado course in previous years, as the one to beat. Now aged 42 he is proof that long distance mountain running can be enjoyed at the top level well into the Masters age group after duly winning the 2006 Pikes Peak Marathon.

The expected challenge from outside the USA did not materialize with Steidl (GER) fourth, Lopez (MEX) fifth, Vencelj (SLO – last year's silver medalist) sixth, and Bolt (SUI – last year's bronze medalist) eighth.

Carpenter was nine minutes ahead of Galen Burrell, another local boy from Boulder, and Zac Freudenburg from St. Louis, a further two minutes adrift. His time was 3 hours 45 minutes 41 seconds for the 42km course to the summit of Pike's Peak mountain and back to Manitou Springs, an ascent/descent of 2404 meters.

Running the same course, Emma Murray of Australia repeated her World Challenge victory in Cauterets, France, last year, thus retaining her World Champion title which she plans to defend this in the Jungfrau Marathon.

Danelle Ballengee (USA), another multiple winner of the Pike's Peak race, had to settle for second place over four minutes behind (see report of Danelle's serious accident in December on page 4) 800 runners took part, a number that would have been doubled had the entry numbers not been limited for safety reasons.

Leading Results

WOMEN

1	Emma Murray(AUS)	4.21.09
2	Danelle Ballengee (USA)	4.25.44
3	Keri Nelson (USA)	4.51.53
4	Cheryl Stephenson (USA)	4.57.54
5	Sarah Evans (USA)	4.58.22
6	Lisa Ledet (USA)	4.58.43
7	Salynda Fleury (USA)	5.03.30
8	Jeniffer Leppert (USA)	5.03.30
9	Jane Tunnadine (USA)	5.04.15
10	Karen Brennan (USA)	5.14.37

MEN

1	Matt Carpenter (USA)	3.33.07
2	Galen Burrell (USA)	3.45.41
3	Zac Freudenburg (USA)	3.54.01
4	Ulrich Steidl (GER)	3.56.37
5	Miguel Lopez (MEX)	4.00.13
6	Anton Vencelj (SLO)	4.06.59
7	Bernie Boettcher (USA)	4.08.09
8	Daniel Bolt (SUI)	4.12.18
9	Paul Koch (USA)	4.14.13
10	Erin Hutchinson (USA)	4.14.51

Full results via the link on www.wmra.info



D.Ballengee

E.Murray

Keri Nelson

EUROPEAN ATHLETIC ASSOCIATION MOUNTAIN RUNNING CHAMPIONSHIPS

The EAA have made the following announcement.

The financial arrangements from 2008 onwards will be as follows:

1. The Local Organising Committee (LOC) will receive a 5,000 CHF subvention
2. The LOC will no longer be responsible for paying for accommodation.
3. EAA will contribute 100 CHF per day per person for 2 days for max 4 athletes plus one official per team. Additional accommodation costs will be at the teams expense.
4. There will no longer be a travel subvention.

This brings the mountain running championships into line with other similar EAA championship events



1ST WMRA INTERNATIONAL YOUTH TEAM CHALLENGE



Elinor Kirk
Photo: T Sarf

WMRA Council have agreed to introduce an international competition for youths aged 16-17 in order to prepare them for the greater challenges of World Trophy competition. The first event was held in 2006 in conjunction with the 7th Marco Germanetto Memorial races in Susa (Italy).

The 2nd Youth Challenge, 2007, will also be held in conjunction with the Germanetto race but other countries are now invited to consider staging future events. Further details may be obtained from the WMRA President or Secretary.

2006 Results Summary:

Boys:	Michael Gillespie (SCO)	18.22
	Xavier Chevrier (ITA)	18.30
	Peter Oblack (SLO)	18.53
Girls:	Elinor Kirk (WAL)	14.17
	Jessica Martin (SCO)	14.21
	Sabina Borsoi (ITA)	14.32
Boys teams	Scotland (SCO)	5 points
	Italy (ITA)	7
	Slovenia (SLO)	16
Girls teams	Italy (ITA)	7 points
	England (ENG)	11
	Scotland (SCO)	11



Michael Gillespie
Photo: T Sarf

1ST WMRA-EVAA EUROPEAN MASTERS CHAMPIONSHIPS

Zell a.H Germany 30 April 2006

European Champions

M35	Maykel Geerdink (NED)
M40	Helmut Schmuck (AUT)
M45	Uwe Hartmann (GER)
M50	David Neill (ENG)
M55	Rudolf Pletzer (GER)
M60	Wolfgang Huber (GER)
M65	Peter Lessing (GER)
M70	Werner Schanne (GER)

Photograph below:

Start of M50

Winner David Neill (ENG) 66 in yellow vest on left hand side. Nigel Gates (ENG) 619 was 2nd;

Karl-Heinz Doll (GER) 639 was 3rd.

WMRA Council member Wolfgang Muenzel (GER) 627 was 10th

W35	Sykle Schmidt (GER)
W40	Marie Heilig (GER)
W45	Chantal Baillon (FRA)
W50	Anne Fischer (GER)
W55	Liane Muschler (GER)
W60	Gerlinde Schmittner (GER)
W65	Barbara Wolf (GER)

Full results on www.wmra.info





5th European Championships Upice - Male Svatonovice (Czech R) 9th July 2006

MEN

11,6km / 930m - 930m

1. GAIARDO Marco	ITA	70	57:42
2. SELCUK Selahattin	TUR	83	57:50
3. RANCON Julien	FRA	80	57:59
4. MENESES Enrique	ESP	73	58:42
5. ABATE Gabriele	ITA	79	58:48
6. KOSOVELJ Mitja	SLO	84	58:53
7. JONES Andi	GBR	78	59:03
8. DAVIES Timothy	GBR	77	59:30
9. CARVALHO Jose	POR	77	59:50
10. WOSIK Daniel	POL	80	59:52
11. LELUT Franck	FRA	76	1:00:03
12. DUPONT Jean-Christophe	FRA	71	1:00:11
13. MOSCA Alberto	ITA	78	1:00:14
14. HEUBERGER Bruno	SUI	71	1:00:26
15. HAVLICEK Jan	CZE	79	1:00:30
16. BRYDL Pavel	CZE	80	1:00:34
17. LAMOVEC Peter	SLO	84	1:00:42
18. WYDRA Jan	POL	75	1:00:49
19. LOSMAN Petr	CZE	79	1:00:55
20. BROWN John	GBR	69	1:01:05
21. SILVA Carlos	POR	55	1:01:08
22. KAYA Nihat	TUR	84	1:01:16
23. ARKHIPOV Eduard	RUS	74	1:01:20
24. FILIPPI Diego	ITA	75	1:01:26
25. BAK Krzysztof	POL	81	1:01:34
26. PUKSTAS Mindaugas	LTU	78	1:01:37
27. EPINLEY Sebastian	SUI	67	1:01:40
28. LINDNER Benjamin	GER	84	1:01:41
29. SKOPAC Ivica	CRO	74	1:02:09
30. HEIGL Thomas	AUT	80	1:02:16
31. LUKIN Dmitry	RUS	81	1:02:22
32. SOUSA Jose	POR	65	1:02:39
33. HROVAT Bostjan	SLO	75	1:02:42
34. NORMAN Andy	GBR	80	1:02:57
35. ZEILER Timo	GER	81	1:02:59
36. SEGRIS Gilles	FRA	72	1:03:02
37. DOLD Thomas	GER	84	1:03:09
38. MAGYAR Imrich	SVK	84	1:03:11
39. CAPITAN Vicente	ESP	74	1:03:25
40. CROSSAN Gary	IRL	74	1:04:11
41. CARTY Neil	IRL	66	1:04:14
42. STARK Robert	AUT	69	1:04:15
43. SALAMUN Igor	SLO	65	1:04:25
44. GAZDARICA Tomas	SVK	77	1:04:36
45. VOLERY Georges	SUI	68	1:04:47
46. GEERDINK Bjoern	NED	70	1:04:56
47. CAPITAN Jose Luis	ESP	76	1:05:34
48. URBANOVSKY Martin	SVK	85	1:05:35
49. MATIJOSIUS Tomas	LTU	84	1:05:48
50. FRITZ Benedikt	GER	82	1:05:53
51. VITEK Miroslav	CZE	72	1:05:11
52. JAMOULLE Patrick	BEL	76	1:05:18
53. GEERDINK Maykel	NED	70	1:05:20
54. GELCIC Sasa	CRO	68	1:07:27
55. WOODS Des	IRL	66	1:07:33

56. DURANT Patrick	IRL	67	1:07:37
57. SIMUTIN Vitaliy	RUS	72	1:08:11
58. KRUIHLENIA Aleksandr	BLR	83	1:08:20
59. VUKAJLOVIC Danijel	SCG	78	1:08:56
60. TUNCTAN Fahri	TUR	87	1:10:00
61. YEGHIKYAN Sevak	ARM	86	1:10:46
62. PICHARD Olivier	MON	79	1:10:59
63. KARAYEL Bekir	TUR	82	1:11:17
64. FRANCET Sven	BEL	67	1:11:53
65. ALBIN Frederic	MON	78	1:11:58
66. TRUMBULOVIC Milovan	SCG	82	1:12:04
67. BRADSHAW Martin	IRL	55	1:12:21
68. GUDAITIS Aurimas	LTU	86	1:12:26
69. MILENKOVIC Nebojsa	SCG	69	1:12:44
70. LUPIEZOWIEC Piotr	POL	77	1:12:49
71. MURIC Goran	CRO	80	1:13:52
72. SOBOTA Marko	CRO	72	1:14:37
73. VARABYOU Viktor	BLR	85	1:16:33
74. MALKA Haim	ISR	70	1:18:18
75. ALEKSEYEV Aleksandr	RUS	56	1:18:24
76. STAIN Nitay	ISR	80	1:19:50
77. YURKEVICH Yauhen	BLR	81	1:21:14
78. PISCITELLO C. Antonio	MON	67	1:22:04
79. GIULIANO Giancarlo	MON	66	1:23:03
80. MARTINKIEVICS Skirmante	LTU	76	1:27:22
81. KORENYEV Volodymyr	UKR	59	1:27:35
82. KOVTUNENKO Yuniy	UKR	71	1:47:00
83. NEDELKOVSKI Dragan	MKD	51	1:57:08
KROLL Markus	AUT	72	DNF
REDL Alois	AUT	72	DNF
CHARLIER Jean Francois	FRA	76	DNF
CHYPIZUBAU Anton	BLR	84	DNF
SERRALHEIRO Joao	POR	70	DNF
STOJILJKOVIC Goran	SCG	79	DNF
TURATI Silvano	SUI	72	DNF
VANKO Miroslav	SVK	73	DNF
SHCHERBANIVSKY Andriy	UKR	79	DNF

WOMEN

7,9km / 620m - 620m

1. PICHARTOVA Anna	CZE	73	41:28
2. KOSOVELJ Mateja	SLO	88	42:12
3. SALVINI Vittoria	ITA	65	43:32
4. CLAUS Sylvie	FRA	71	43:53
5. CASTRO Fernandez Marta	ESP	71	44:07
6. GUILLOT Isabelle	FRA	61	44:20
7. ROBERTI Maria Grazia	ITA	66	44:42
8. MORTOSTOLINI Monica	ITA	70	44:43
9. MILESOVA Iva	CZE	77	44:52
10. SADKOVA Irena	CZE	69	44:55
11. WILKINSON Mary	GBR	80	45:02
12. BERESOVA Katarina	SVK	87	45:09
13. DESCO Elisa	ITA	82	45:19
14. KRKOC Lucija	SLO	88	45:30
15. KIRAZ Ummu	TUR	82	45:47
16. VERTHE Silvie	FRA	76	45:50
17. RAUSCH Patrizia	AUT	80	45:55

18. GALLAND Valerie	FRA	75	45:59
19. CARLSOHN Anja	GER	78	46:00
20. MOREIRAS Lucinda	POR	68	46:04
21. RUEDA-OPPLIGER Fabiola	SUI	63	46:34
22. BUSS Stefanie	GER	75	46:39
23. REISINGER Lisa	GER	84	46:40
24. ETZENSPERGER Nathalie	SUI	68	46:48
25. MADUREIRA Maria Rosa	POR	77	46:52
26. METELKOVA Tana	CZE	72	47:13
27. HOWARD Christine	GBR	70	47:39
28. GOMEZ Raquel	ESP	82	47:46
29. SOLDINI Linda	SUI	77	47:59
30. VOKUYEVA Yanna	RUS	87	48:07
31. WILKINSON Victoria	GBR	78	48:23
32. LILGE-LEUTNER Carina	AUT	60	48:46
33. MONTEIRO Lurdes	POR	67	48:49
34. LESNIKOVA Yelena	RUS	72	48:56
35. BELUSIC Barbara	CRO	81	48:58
36. SUSTARSIC Mateja	SLO	73	49:03
37. PAKOSZ Irena	POL	66	49:22
38. GULAL Yesim Yeter	TUR	73	49:24
39. De las HERAS Alma	ESP	77	49:28
40. JASUTYTE Justina	LTU	88	49:37
41. KAYA Canan	TUR	82	49:46
42. DIAS Manuela	POR	63	49:50
43. BOTA Iwona	POL	85	49:59
44. BENDIG Annette	GER	80	50:57
45. NOWAK Malgorzata	POL	83	51:50
46. FRJANCIC Pavlina	SLO	76	51:51
47. MAXWELL Fiona	IRL	61	52:19
48. KAPUSZCINSKI Marion	AUT	70	52:30
49. KERGUE Renalda	LTU	85	52:38
50. ORLIC Antonija	CRO	77	52:39
51. SLOAN Tricia	IRL	66	53:01
52. COTUR Rahime	TUR	78	53:06
53. BELOVIC Valentina	CRO	90	53:26
54. SHANNON Alwynne	IRL	61	54:00
55. MOCARIOVA Alena	SVK	64	54:29
56. KELIUTIENE Gailute	LTU	58	55:07
57. ZAITSEVA Katsiaryna	BLR	76	55:24
58. KRISTAPONYTE Egle	LTU	86	56:14
59. KARATKIKH Alena	BLR	84	57:32
60. SKEVIN Visnja	CRO	66	58:02
61. STSHESHYTS Marina	BLR	85	1:01:53
62. SIMUTINA Yelena	RUS	75	1:03:04
63. KOVAL Irina	RUS	58	1:04:49
FARGET Patricia	FRA	65	DNF
WHITE Natalie	GBR	82	DNF
MCCLUSKEY Beth	IRL	72	DNF
MELICHEROVA Ludmila	SVK	64	DNF

TEAMS

Men	Women
1. ITA	19. ITA
2. FRA	26. CZE
3. GBR	35. FRA
4. CZE	50. SLO
5. POL	53. GER
6. SLO	56. GBR
7. POR	62. ESP
8. TUR	84. SUI
9. SUI	86. POR
10. ESP	90. TUR
11. GER	100. AUT
12. RUS	111. POL
13. SVK	130. RUS
14. IRL	136. CRO
15. LTU	143. LTU
16. CRO	154. IRL
17. BEL	172. BLR
18. SCG	194. SVK
19. MON	205. -
20. BLR	208. -
21. ARM	-
22. AUT	-
23. ISR	-
24. MKD	-
25. NED	-
26. UKR	-



Womens start
Photo: P Hartley



Opening Ceremony
Photo: P Hartley



Mateja Kosovelj (SLO) 2nd
Photo: P Hartley



Marco Gaiardo (ITA) 1st
Photo: P Hartley



Selahattin Selcuk (TUR) 2nd
Photo: P Hartley



Italian Ladies Team 1st
Photo: P Hartley

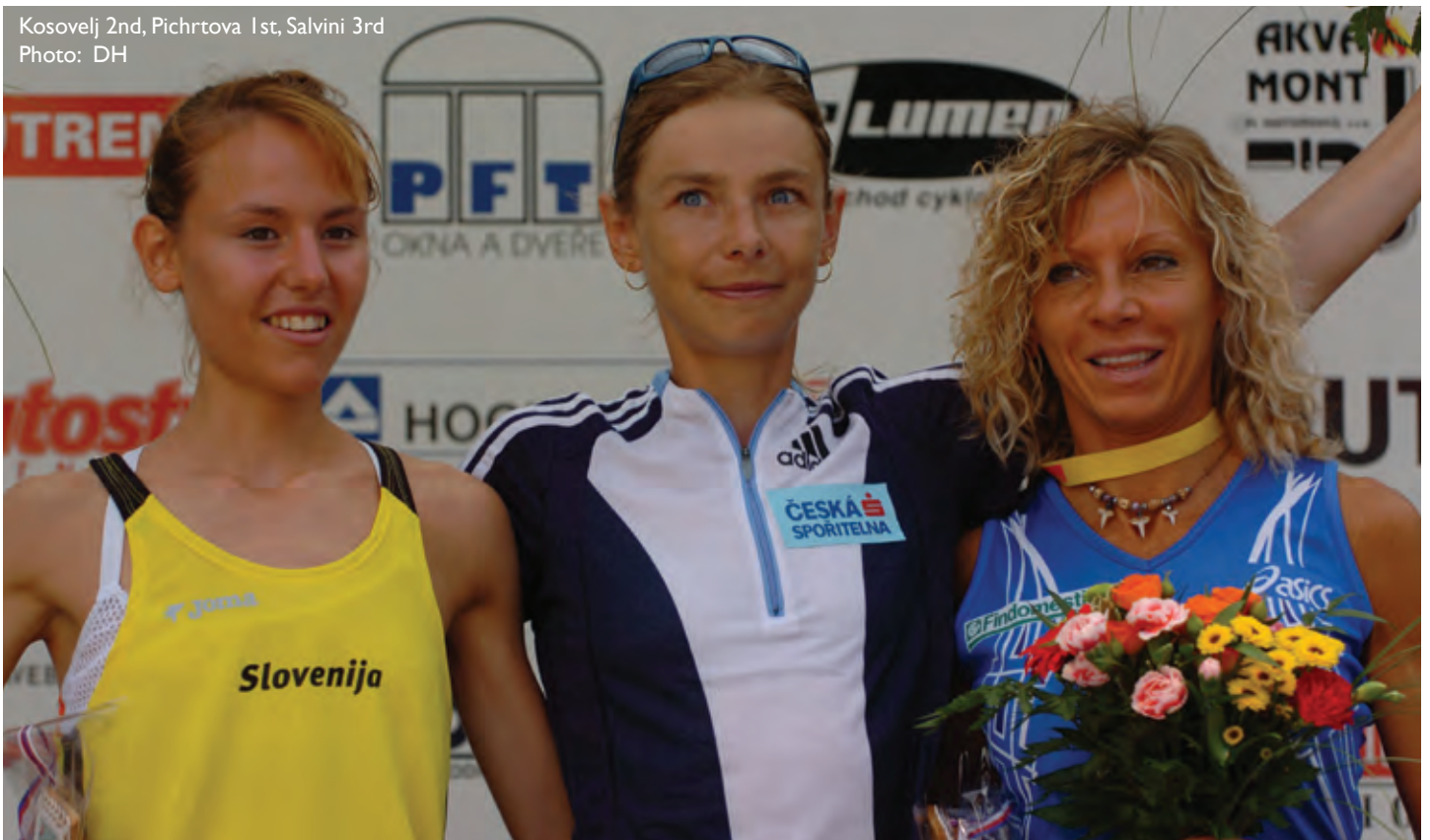


Anna Pichrtova (CZE) 1st
Photo: DH



Julien Rancon (FRA) 3rd
Photo: DH

Kosovelj 2nd, Pichrtova 1st, Salvini 3rd
Photo: DH





MEN

1.	ORTIZ Rolando	69	COL	56:16
2.	WYATT Jonathan	72	NZL	56:22
3.	FELFELE Tesfay	86	ERI	56:39
4.	SELCUK Selahattin	83	TUR	57:11
5.	DE GASPERI Marco	77	ITA	58:20
6.	GAJARDO Marco	70	ITA	58:35
7.	ASLAN Ahmet	86	TUR	58:46
8.	TADESE Maekele	81	ERI	58:54
9.	ANDEBRHAN Fkre	80	ERI	59:13
10.	GUTIERREZ Simon	66	USA	59:21
11.	BLAKE Eric	79	USA	59:28
12.	JANDARI Said	72	FRA	59:33
13.	GUERRA Silvano	68	ECU	59:44
14.	CURA M. Munir	74	TUR	59:54
15.	ABATE Gabriele	79	ITA	59:59
16.	FONTAINE Raymond	79	FRA	1:00:06
17.	AHFEROM Mehari	76	ERI	1:00:32
18.	CHICCO Davide	73	ITA	1:00:38
19.	SYLTA Qystein	78	NOR	1:00:42
20.	LAMOVEC Peter	84	SLO	1:00:46
21.	SANCHEZ H. Ranulfo	71	MEX	1:00:48
22.	LEON A. Miguel	72	MEX	1:00:56
23.	ANCAY Tarcis	70	SUI	1:00:57
24.	BURRIER Georges	79	FRA	1:01:04
25.	GATES Ricky	81	USA	1:01:08
26.	MANZI Emanule	77	ITA	1:01:12
27.	WARRENDER Dale	73	NZL	1:01:14
28.	CEULEMANS Rik	72	BEL	1:01:17
29.	DU BOIS Ben	75	AUS	1:01:22
30.	TVEDT Jon	66	NOR	1:01:45
31.	DISCHER Jean-Marc	73	FRA	1:01:46
32.	PEACE Andrew	68	ENG	1:01:49
33.	SUTZ Andy	81	SUI	1:01:54
34.	WENK Stephen	82	SUI	1:01:57
35.	JENNE Markus	76	GER	1:02:03
36.	FILIPPI Diego	75	ITA	1:02:10
37.	KAYA Nihat	85	TUR	1:02:20
38.	LEVETT William	75	ENG	1:02:22
39.	McTAGGART Scott	77	AUS	1:02:26
40.	DUPONT Jean-Christophe	71	FRA	1:02:29
41.	HEIGL Thomas	80	AUT	1:02:32
42.	ZEILER Timo	81	GER	1:02:39
43.	BROWN John	69	ENG	1:02:40
44.	WOSIK Daniel	80	POL	1:02:46
45.	VERNON Steven	80	ENG	1:02:52
46.	VOLERY Georges	68	SUI	1:02:58
47.	SCHMUCK Helmut	63	AUT	1:03:08
48.	YILMAZ Sedat	83	TUR	1:03:12

49.	CARVALHO Jose	77	POR	1:03:22
50.	DAVIES Timothy	77	WAL	1:03:24
51.	SALAMUN Igor	65	SLO	1:03:30
52.	TAGGART Lloyd	69	ENG	1:03:36
53.	REDL Alois	72	AUT	1:04:01
54.	SAFRANOV Andrei	85	RUS	1:04:03
55.	ENDERS Marcus	85	GER	1:04:05
56.	HORAK Ondrej	75	CZE	1:04:07
57.	DEDEK Ales	75	CZE	1:04:13
58.	FREI Martin	86	CZE	1:04:19
59.	BELL Angus	80	NZL	1:04:26
60.	JAKOBSEN Stefan	73	CAN	1:04:29
61.	SYMONDS Joe	83	SCO	1:04:32
62.	LOPEZ Jacinto	68	COL	1:04:39
63.	KHARITONOV Oleg	68	RUS	1:04:49
64.	HAMR Jan	86	CZE	1:04:59
65.	ASGEDOM Berhe	77	ERI	1:05:12
66.	ZAK Jiri	71	CZE	1:05:12
67.	LOW Paul	73	USA	1:05:17
68.	BRYSON Robin	62	IRL	1:05:19
69.	KEANE Bryan	80	IRL	1:05:20
70.	KEEM Barry	80	AUS	1:05:23
71.	GUILLÉN Neido	85	VEN	1:05:33
72.	AICHBAUER Thomas	81	AUT	1:05:47
73.	KELLY Michale	74	IRL	1:05:51
74.	KASTELIC Peter	83	SLO	1:05:59
75.	REITBERGER Rudolf	71	AUT	1:06:02
76.	KYNCL Stanislav	64	CZE	1:06:04
77.	MIELKE Shiloh	80	USA	1:06:08
78.	STEWART Grant	76	SCO	1:06:09
79.	KIRKWOOD Craig	74	NZL	1:06:14
80.	PEREZ NAVA Tomas	78	MEX	1:06:16
81.	COLLINS Matthew	79	WAL	1:06:18
82.	ANTHONY Alasdair	77	SCO	1:06:23
83.	DURER Serdar	82	TUR	1:06:30
84.	DORSZYNSKI Grzegorz	83	POL	1:06:36
85.	BROWN Stephen	85	AUS	1:06:41
86.	ARKHIPOV Eduard	74	RUS	1:06:44
87.	TILTON Kevin	82	USA	1:06:46
88.	KALAMPUKAS Haralampos	80	GRE	1:06:51
89.	CROSSAN Gary	71	IRL	1:06:53
90.	CARTY Neil	66	NIR	1:07:00
91.	PIETRZYK Krzysztof	79	POL	1:07:08
92.	KLISZ Tomasz	81	POL	1:07:28
93.	TITUS Morgan	83	CAN	1:07:34
94.	LUPIEZOWIEC Piotr	77	POL	1:07:51
95.	WAGNER Dominik	86	GER	1:08:02
96.	LOPEZ N. M. Angel	79	MEX	1:08:09
97.	JANZEKOVIC Stanko	76	SLO	1:08:11
98.	HAMELINCK Wouter	82	BEL	1:08:24
99.	WHITLIE Stewart	85	SCO	1:08:36
100.	VAUGHAN Alun	79	WAL	1:08:44
101.	DOYLE Stuart	66	AUS	1:08:51
102.	TANCHYNSKI Uladzimir	67	BLR	1:09:02
103.	DUNCAN Stephen	71	NIR	1:09:04
104.	NAYLOR Donald	71	WAL	1:09:12
105.	URBANOVSKY Martin	85	SVK	1:09:14

106.	SUBIC Marko	65	SLO	1:09:15
107.	WOODS Neil	66	NIR	1:09:18
108.	COSTLEY Phil	70	NZL	1:09:23
109.	ZAK Dariusz	83	POL	1:09:28
110.	LOUTITT Jason	74	CAN	1:09:33
111.	DRANITSIA Pavel	86	BLR	1:09:40
112.	WOODS Aidan	75	IRL	1:09:46
113.	ROBERTS Richards	78	WAL	1:10:32
114.	VOROBIEV Igor	85	RUS	1:10:45
115.	TOMAS Matijosius	84	LTU	1:10:48
116.	JACOBS Stijen	77	BEL	1:10:51
117.	GAHAN Owen	80	IRL	1:11:08
118.	ERVINE Brian	67	NIR	1:11:15
119.	MARTINOVSKI Trpe	64	MKD	1:11:20
120.	DRIVER Simon	79	CAN	1:11:49
121.	KALOFIRIS Nikolaos	70	GRE	1:12:11
122.	LOFRANCO John	77	CAN	1:12:16
123.	IOANNIDIS Panagiotis	74	GRE	1:12:46
124.	CHARLIER Jean Francois	76	BEL	1:12:52
125.	ESPARZA O. M. Angel	79	MEX	1:12:58
126.	HANNA Edward	75	NIR	1:13:07
127.	CEH Joze	71	SLO	1:13:11
128.	JARDINE Euan	82	SCO	1:13:22
129.	JIMENEZ P.E. Gamaliel	84	MEX	1:13:52
130.	YEGHIKIAN Sevak	86	ARM	1:14:45
131.	YURKEVICH Yauhen	81	BLR	1:15:09
132.	KAIS Adli	75	MON	1:16:23
133.	MALKA Haim	70	ISR	1:16:43
134.	TANTAN Mustapha	81	MON	1:16:44
135.	PANASENIA Sjarhei	82	BLR	1:18:12
136.	BAAZIZ Jamal	83	MON	1:19:35
137.	JANKOVSKI Slavko	84	MKD	1:19:37
138.	CUNNINGHAM Stephen	77	NIR	1:22:02
139.	DIMOV Zoran	63	MKD	1:23:13
140.	SELMANI Adem	67	MKD	1:24:30
141.	TASEVSKI Blage	59	MKD	1:26:07
142.	ZANDOTTI Philippe	68	MON	1:27:37
143.	KRAIAS Michail	79	GRE	1:28:36
144.	KOJIN Petr	61	RUS	1:31:15
145.	JAKIMOVSKI Igor	76	MKD	1:32:01
146.	KOVTYNENKO Yuriy	71	UKR	1:38:06
147.	MIALIK Sjarhei	61	BLR	1:40:02
148.	PUSIREV Sergey	77	RUS	1:42:05
149.	JAMES Michel	78	ENG	2:11:00

Mens Teams

1	ERI	37	11	AUS	223	21	CAN	383
2	ITA	44	12	GER	227	22	NIR	418
3	TUR	62	13	CZE	235	23	GRE	475
4	FRA	83	14	SLO	242	24	BLR	479
5	USA	113	15	IRL	299	25	MKD	535
6	SUI	136	16	POL	311	26	MON	544
7	ENG	158	17	RUS	317			
8	NZL	167	18	SCO	320			
9	AUT	213	19	WAL	335			
10	MEX	219	20	BEL	366			

WOMEN

1.	MAYR Andrea	79	AUT	47:11
2.	STRACHL Martina	87	SUI	47:29
3.	GUILLOT Isabella	61	FRA	47:43
4.	HAKENSTAD E. Anita	68	NOR	48:47
5.	SALVINI Vittoria	65	ITA	49:19
6.	FERNANDEZ Yolanda	81	COL	49:29
7.	PICHRTOVA Anna	73	CZE	49:37
8.	MELKEVİK-O. Kirsten	70	NOR	49:47
9.	HUNT Nicole	70	USA	50:13
10.	DOBBS Rachael	82	USA	50:24
11.	WILKINSON Victoria	78	ENG	50:36
12.	ROBERTI M. Grazia	66	ITA	50:49
13.	SADKOVA Irena	69	CZE	50:54
14.	MOON Melissa	69	NZL	51:05
15.	THOMPSON Anna	76	AUS	51:08
16.	LUNDY Christine	70	USA	51:21
17.	MILESOVA Iva	77	CZE	51:37
18.	ASIKOGLU Gulsen	67	TUR	51:47
19.	LESERVOISIER Michelle	65	FRA	51:52
20.	GORDON Claire	76	SCO	51:55
21.	DIDIER Aurelie	81	FRA	51:57
22.	MORSTOFOLINI Monica	70	ITA	52:11
23.	CARLSOHN Anja	78	GER	52:17
24.	MATYASOVA Pavla	80	CZE	52:25
25.	REISINGER Lisa	84	GER	52:29
26.	ROBINSON Rebecca	82	ENG	52:32



Turkish Team with Officials Photo: P Hartley

27.	LILGE L. Carina	60	AUT	53:00	13.	SEMEDO Luis	05	POR	46:38
28.	KIRAZ Ummu	82	TUR	53:30	14.	SCIMAGLIA Mattia	87	ITA	46:41
29.	PARACHE Kamija	71	FRA	53:36	15.	JONES Alex	89	SCO	46:43
30.	GOLDSMITH Lisa	64	USA	53:52	16.	ROPPOLO Nicolo	88	ITA	46:50
31.	BOTT Alexandra	79	GER	53:56	17.	BROWNLEE Alistair	88	ENG	47:03
32.	RUEDA O. Fabiola	63	SUI	54:02	18.	DEMIRTAS Fatih	88	TUR	47:11
33.	BUCKLEY Anne	67	ENG	54:03	19.	SWINBURN Nicholas	88	ENG	47:31
34.	LAZNIK Waltraud	72	AUT	54:04	20.	SHUTOV Nikolay	88	RUS	47:33
35.	DESCO Elisa	82	ITA	54:09	21.	SCURO Vincenzo	87	ITA	47:48
36.	MOREIRAS Lucinda		POR	54:11	22.	STEINHAMMER Christian	88	AUT	48:02
37.	STEWART Carmen	72	GER	54:15	23.	VOJAK Jiri	88	CZE	48:11
38.	STUART Helen	75	SCO	54:30	24.	GREGSON Ryan	90	AUS	48:13
39.	CZUTA P. Irena	66	POL	54:35	25.	DUFFIELD Alec	88	ENG	48:22
40.	KOROTKOVA Evdokiya	79	RUS	54:36	26.	JACKSON Aaron	88	NZL	48:22
41.	SALAZAR Cruz	79	VEN	54:41	27.	THOMAS Carwyn	88	WAL	48:28
42.	OZCAN Birgul		TUR	54:48	28.	BECK Alessandro	89	SUI	48:37
43.	MUARRY Emma	78	AUS	54:52	29.	VENEDIKTOV Roman	87	RUS	48:40
44.	KAPUSCINSKI Marion		AUT	55:06	30.	MAINWARING David	90	AUS	48:50
45.	WILKINSON Mary	80	ENG	55:23	31.	JANECKO Frantisek	87	SVK	48:59
46.	VERTHE Sylvie	76	BEL	55:28	32.	STOCKERT Manuel	88	GER	49:11
47.	SUSTARSIC Mateja	73	SLO	55:40	33.	PHEE David	87	SCO	49:17
48.	GRECHISHNIKOVA Elizaveta	83	RUS	55:51	34.	TEJCHMAN Jakup	88	CZE	49:45
49.	RIEM Claudia	71	SUI	55:54	35.	MANFRED A Joze	87	SLO	49:50
50.	TODD Mari	73	WAL	56:06	36.	ZISKA Pater	87	SVK	50:29
51.	MRAC Valerija	71	SLO	56:09	37.	BUFFETT Rhodri	88	WAL	50:42
52.	BARTLETT Anna	70	WAL	56:11	38.	PRZEZDZIK Kamil	87	POL	50:56
53.	HOSKING Jessamy	83	AUS	56:32	39.	CORNOCK Nicki	88	WAL	50:58
54.	VETSCH Lea	83	SUI	56:46	40.	HORCICKA Jiri	90	CZE	50:59
55.	KING Cindy	83	AUS	56:53	41.	STEPHENS W. Shaun	89	CAN	51:05
56.	KATRINA Blanch	78	CAN	57:09	42.	McCALL Andrew	87	SCO	51:21
57.	LESNIKOVA Elena	84	RUS	57:16	43.	RIVERS Z. Steven	90	USA	51:36
58.	LEE Jacqueline	75	WAL	57:23	44.	COWIE Kyle	87	SCO	51:37
59.	GORBUNOVA Olga	84	RUS	58:09	45.	GUIGNARD David	88	SUI	51:38
60.	TUSAR Mihaela	66	SLO	58:09	46.	JOVANOVA Jane	89	MKD	51:39
61.	GOLUMBIA Amy	82	CAN	58:16	47.	EGELUS R. Allen	87	USA	51:44
62.	BOTA Iwona	85	POL	59:01	48.	DAVIES Mark	87	WAL	51:50
63.	HARNEY Caroline	81	IRL	59:02	49.	KEVAN James	87	ENG	52:00
64.	SHANNON Alwynne	61	NIR	59:23	50.	JANICEK Ondrej		CZE	52:16
65.	SLOAN Tricia	66	NIR	59:39	51.	OBLAK Peter	89	SLO	52:25
66.	JONES Angela	66	WAL	59:56	52.	JOST Tobias	87	SUI	52:27
67.	PLCHOVA Lenka	81	SVK	1:00:50	53.	MLYNAR Peter	88	SVK	52:29
68.	O'KANE Shileen	68	NIR	1:00:53	54.	HOHL Christian	89	SUI	52:43
69.	KAYA Canan	82	TUR	1:01:26	55.	O'RUADHAIN Eoin	89	IRL	52:47
70.	MAMEDAVA Hulnara	84	BLR	1:01:38	56.	ULMAN Michal	87	POL	52:58
71.	McCAULEY Jenny	74	IRL	1:02:14	57.	HORN J. Reed	87	USA	53:27
72.	MAXWELL Fiona	61	NIR	1:02:23	58.	PERRY Dominic	89	AUS	53:44
73.	ELMER Shannon	85	CAN	1:02:31	59.	PIERCE Eoin	89	IRL	53:58
74.	VERTHE Els	76	BEL	1:02:34	60.	MARKUS Klemen	89	SLO	54:01
75.	SAIZEWA Katsiaryna	76	BLR	1:04:03	61.	COLLINS Noel	90	NIR	54:46
76.	CORMIER Michelle	67	CAN	1:05:36	62.	GOLA Marcin	88	POL	54:51
77.	LEBOUTTE Noelle	76	BEL	1:05:46	63.	STEIN Nitai	88	ISR	55:12
78.	KARATIKH Alena	84	BLR	1:05:54	64.	ANDREJ Jegorov	87	LTU	55:34
79.	McEVoy Orla	80	IRL	1:07:42	65.	TORKAR Tine	90	SLO	57:02
80.	GERARD Stephanie	78	BEL	1:08:03	66.	MOORE Conor	90	NIR	57:25
81.	KRADZIEVA Vesna	76	MKD	1:18:41	67.	HEUSICOM Nicolas	88	BEL	58:44
82.	DIMOVA Olivera	80	MKD	1:20:40	68.	LAZAAR Imad	87	MON	58:53
83.	STOJANOSKA Svetlana	83	MKD	1:32:40	69.	KIRADZIEV Aleksandar	87	MKD	1:00:14
					70.	COLLINS Ciaran	88	NIR	1:01:14
					71.	TURNER Thomas	87	NIR	1:01:58
					72.	O'SULLIVAN John	88	IRL	1:05:42
					73.	HAND Sam	88	IRL	1:06:02
					74.	PETROVSKI Miki	87	MKD	1:08:21
					75.	STOJANOVIC Vladko	89	MKD	1:17:24

Womens Teams

1	USA	35	11	RUS	145
2	CZE	37	12	SLO	158
3	ITA	39	13	WAL	160
4	FRA	43	14	CAN	190
5	AUT	62	15	NIR	197
6	ENG	70	16	BEL	197
7	GER	79	17	IRL	213
8	SUI	83	18	BLR	223
9	TUR	88	19	MKD	246
10	AUS	111			

Junior Men

1.	MEHRTEAB Ermas	89	ERI	41:20
2.	SIUM Kiflom	87	ERI	41:54
3.	CARERA J. Carlos	88	MEX	43:13
4.	MUSLU Ercan	88	TUR	43:38
5.	ABIS Selmani	87	TUR	43:40
6.	TSIEGE Debesay	88	ERI	43:48
7.	ORUCLU Mahmut	88	TUR	45:24
8.	SERGEV Andrei	87	RUS	46:14
9.	FICO Maxime	87	FRA	46:18
10.	MARTINO Alessandro	88	ITA	46:23
11.	SCHMOLZ Quirin	87	GER	46:32
12.	BENFORD Andrew	87	USA	46:36

Junior Mens Teams

1	ERI	9	7	CZE	97	13	SLO	146
2	TUR	16	8	USA	102	14	POL	156
3	ITA	40	9	WAL	103	15	IRL	186
4	RUS	57	10	AUS	112	16	MKD	189
5	ENG	61	11	SVK	120	17	NIR	197
6	SCO	90	12	SUI	125			

Junior Women

1.	BERESOVA Katarina	87	SVK	21:08
2.	LEONTIEVE Natalya	87	RUS	22:45
3.	VOKUEVE Janna	87	RUS	22:50
4.	GAGGI Alice	87	ITA	23:07
5.	NEMKINA Natalya	88	RUS	23:31
6.	GULLU Esra	89	TUR	23:37
7.	SUCHANKOVA Barbara	87	SVK	23:45
8.	ROGAL Nicole	89	NZL	24:02
9.	CIMENKAYA Dilek	88	TUR	24:08
10.	BAIERL Anita	88	AUT	24:15



Carlos Carera (MEX) 3rd
Photo: P Hartley

11.	CLAYTON Emma	88	ENG	24:18
12.	TIMMINS Heather	90	ENG	24:20
13.	STRAUB Kerstin	88	GER	24:23
14.	COUDURIER Estelle	87	FRA	24:25
15.	WOJCIECHOWSKA Beata	89	POL	24:28
16.	MARTIN Jessica	90	SCO	24:37
17.	PRAGER Sabrina	87	GER	24:38
18.	MUGNO A. Laura	87	ITA	24:41
19.	McCORD Laura	90	SCO	24:58
20.	JASUTYTE Justina	88	LTU	25:18
21.	REED Jennifer	88	ENG	25:27
22.	DE LEPELEIRE Camille	88	FRA	25:28
23.	NOVAK Spela	87	SLO	25:50
24.	CROFT Ruth	89	NZL	25:53
25.	MLADENOVIC Suza	87	SLO	25:58
26.	KLIMOVA Ivana	87	CZE	26:02
27.	VOICECHOVIC Tatjana	89	LTU	26:07
28.	GARIBALDI Lavinia	87	ITA	26:08
29.	KIRK Elinor	89	WAL	26:12
30.	MUNSTER Laura	89	BEL	26:43
31.	PIMENTA Silvana		POR	26:45
32.	FINN Michele	89	IRL	26:52
33.	SZCZYGLIENSKA Monika	87	POL	26:53
34.	PATRICK Alison	87	SCO	27:09
35.	STURM Michele	88	NIR	27:10
36.	PORTYSOVA Lucie	90	CZE	27:12
37.	BITUATAITE Rita	89	LTU	27:21
38.	MANDLBAUER Barbara	88	AUT	27:23
39.	IVESTON Kerry	88	NIR	27:28
40.	MANDLBAUER Mchaela	90	AUT	27:33
41.	IVANCIC Hani	89	SLO	27:51
42.	BARKER Leigh	89	WAL	28:46
43.	JOHANIDESOVA Lea	89	CZE	28:57
44.	DAVIES Carys	90	WAL	29:05
45.	FINN Carol	88	IRL	29:26
46.	JACNIAK Ewa	90	POL	34:52
47.	DUKOSKA Tatjana	90	MKD	41:47

Junior Womens Teams

1	RUS	5	8	SCO	35	15	WAL	71
2	SVK	8	9	FRA	36	16	NIR	74
3	TUR	15	10	LTU	47	17	IRL	77
4	ITA	22	11	SLO	48			
5	ENG	23	12	POL	48			
6	GER	30	13	AUT	48			
7	NZL	32	14	CZE	62			



Junior winner, Katarina Beresova 044 (SVK) with Emma Clayton 030 (ENG) on her shoulder
Photo: P Hartley



USA Gold medalists
Lisa Goldsmith, Chris Lundy, R...
Photo: P Hartley



Ermias Mehrteab (ERI) Junior winner
Photo: P Hartley



Senior men Jonathan Wyatt, Rolando Ortiz, Tefay Felfele
Photo: P Hartley

Medal team:
Michael Dobbs, Nicole Hunt
Hartley



Martina Strachl (SUI)
Senior 2nd
Photo: P Hartley



The delighted Russian Junior Gold medal team
Natasha Leontieva (left),
Natalya Nemkina (centre), Gianna Vokueva (right)
Photo: P Hartley



Jonathan Wyatt (NZL) 2nd
in his final sprint for the
finish followed by winner Ortiz
Photo: P Hartley





2006 WORLD MOUNTAIN RUNNING TROPHY

BURSA, TURKEY - 10th September

(The following report by Danny Hughes appears on the IAAF web page)

For the first time in the 22-year history of the World Mountain Running Trophy the Italian men's team lost their championship title to Eritrea scoring 44 points to Eritrea's 37 in the 22nd World Trophy in Bursa, Turkey.

In a thrilling finish to the 12km 1275m climb uphill race, Colombian Rolando Ortiz out-sprinted five times World Champion Jonathan Wyatt (NZL) in the final 200m to win by 6 seconds in a time of 56:16.

Wyatt was making no excuses for the loss of his title but he was bitten by a dog 2 days before the race and was being treated for various possible effects including anti-rabies injections.

Tesfay Fellele led home the victorious Eritrean team finishing 3rd a further 17 seconds behind. Host country Turkey filled the bronze medal position as 26 countries finished with complete teams.

The women's race also saw new champions as USA recorded their first ever gold medal having finished 3rd in 2004. It was a desperately close competition with the Czech Republic 2 points behind and Italy only a further two points behind in third position.

The individual gold was carried off by Andrea Mayr (AUT), the 2005 European Champion in 47:11. The surprise silver medallist was under 20-year-old Swiss Martina Strachl who overhauled 4 times World Champion Isabella Guillot (FRA) in the last kilometres to beat her by 14 seconds.

A new country entering the trophy for the first time, Norway had women finishers in 4th and 8th positions, needing just one more athlete to gain a podium place.

The junior men's race was dominated by Eritrea who won individual and team gold. Mexican Carera 2nd last year had to be satisfied with 3rd.

The junior women's race was won by Katerina Beresova (SVK) in a time of 21:08, improving from 8th position in 2005. The Russians swept to victory in the team race finishing 2nd, 3rd and 5th.

The number of countries entering athletes reached new record numbers with 36 countries from Europe, Africa, South America, North America, and Oceania, all winning medals

CHAMPION PROFILE

ROLANDO ORTIZ (Columbia)

Rolando, tell us something about yourself

I am 37 years old and nearing the end of my top level athletic career.

I was born in Bogotá, Colombia, am married with one child. I am licensed to teach Physical Education.

My running career commenced at the relatively late age of 20 and until recently I have concentrated on track athletics.

What are your best times?

800m: 1'50" I have been national champion twice at this distance and was bronze medallist at the Pacific Ocean Games 1500m: 3'49" at an altitude of 2600m and national champion. 5km: 14'32" at altitude and national champion. 10km: 28'23" 15km: 43'55" 1/2 Marathon: 1:05

How often do you run in mountain races?

Only once a year. I took second place South American Mountain Running championship in 2005 and first place World Trophy in 2006

What inspired you to enter the Mountain Running World Trophy Competition?

According to my biotype (body composition as well as being good at up-hill running) I wanted to demonstrate that I could win this championship. Also, the Colombian government gives a monthly salary to all world champion athletes for the rest of their lives!!

Do you intend to defend the title in 2007 and 2008?

Well the ideal should be yes, to run at a high level. However, we (runners) have the propensity to get injured. I have to wait for my God and Guadalupe Virgin to help me to win another world title.

What was your preparation and training regime for 2006 World Trophy?

Well the most important was to believe that I can be the best up-hill runner in the world. For this reason I trained by doing more up-hills; two times a week I trained in long up-hills. Another type of training was to work on my technique, this means that I did short up-hills instead of track.

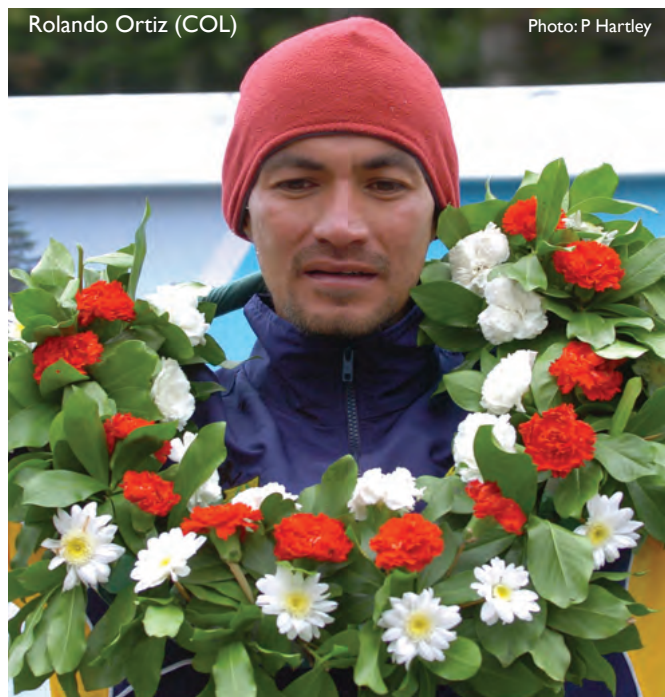
Have you any other ambitions in athletics?

I would like to train for a Marathon and become an Olympic medallist.

Have you any comments on the organization of the WMRA World trophy from an athletes point of view?

I can say that this has been one of the best organised athletic events that I have participated in my whole running career. I can see all of the hard work that Mr. Danny Hughes

and the members of the WMRA have put into the organization. Also we need to work together so that some day this event can be part of the Olympic Games.



CHAMPION PROFILE

ANDREA MAYR (Austria)

Andrea, could you tell us something about yourself? When did you begin running?

I really don't know when I started running. I used to take part in children's competitions when I was only four. I usually was very successful then and I was always fighting against the boys. I liked it very much. But of course at this time I did not do any training. From age 6 until 15 I trained gymnastics, where I also took part in national championships. When I was 15 I started to have a regular track and field training two times a week and it increased in amount and intensity over the years. My parents used to go mountain hiking with me, and my brother, from the age of four onward. At this time everyone was always staring at us, because they could not believe that such young children were walking all that way for our own. To be honest, I cannot believe it now.

What about your studies and how did you finish them so quickly while at the same time performing as a top athlete?

When I started my medical studies I really concentrated on the studying and the running was just to get some fresh air into my little grey cells. However, as time went by, running got more important for me and I tried to arrange my big exams not to clash with important races. In the last third of my study I was a bit worried about the future, because I knew that working in hospital and training hard did not fit well together and so I slowed down my studies. When I finally finished university after 6 years, I found a good solution for my problem by choosing to work in scientific research. Then I had enough time for my training and could continue my medical curriculum.

You are an athlete who does not do many mountain races in summer time. Why? How did you prepare for the World Trophy last summer?

I do not run so many mountain races, because I also like the steeplechase very much. I am in the Austrian national team for the track, which means that from June onward I HAVE to run track races nearly every weekend.

I started preparing for Bursa when I did not qualify for the European Championships in Gothenburg. I broke my patella early last summer and that made it very difficult for me to run the steeplechase. I always had a lot of pain. So, after missing the qualification time, I concentrated on cycling and on mountain running because there the pain was not that bad. Two weeks before the World Trophy I participated in the national mountain cycling championships, which I could win. Then one week before Bursa, five weeks without any track session, I ran a 3000m steeplechase again and I did very well. So I knew that I was in a good shape but of course I did not know about my mountain running form.

World Mountain Running Championship in Bursa. How was your race?

Since we arrived in Bursa very late I did not know the course so I was very nervous. I decided not to take the lead for the first

kilometres. Shortly after the start, one girl was pushing very hard and I tried to follow her. But only 500m later she slowed down so I had to decide what to do. I decided to run my own race without concentrating on the others. Over the last km, when I knew that I would win, I really tried to enjoy the race.

Duathlon, mountain running, steeplechase, tower-running, in all these sports you have incredible results. What has attracted you to these disciplines, and how can you prepare at the same time for such different sports?

For me all these disciplines fit together. You need power and endurance for all of them. And for me it is always important that I do not concentrate too long for one thing. I always need a change.

In 2005, after your victory in the European Mountain Running Championship in Heiligenblut, you received from your federation the recognition as best athlete of the season. What has your country done

following your return to Austria as world champion?

This year I am far away from being honoured as Austrians best female athlete, but when I arrived at the airport in Vienna I was surprised by flowers from the president of the Austrian federation.

Some months ago you joined the Austrian Army and you have to live as a soldier. What does it mean for you to be supported for training in this way?

Before I started the military service people told me a lot about it, but what I have experienced exceeded all expectations...

The Army gives me the opportunity to focus on training by leaving aside any worries about social securities and so on. I plan to remain in the Army until the end of 2008 before recommencing my medical career.

Could you tell us something about your strange running style?

To be honest I cannot tell you anything about it because when I am running I don't realize that there is something strange about my running style. But I really hate to see running photographs of me. Sometimes people have problems running close to me. Once I was asked if this is a special mountain running style. Of course it is not. It is just an anatomical abnormality, which is unchangeable without risk.

Have you any definite plans for mountain running in 2007.

Not really, but I expect that I will run some mountain races.

Your best results and best times (track and road):

1500m: 4:27 3000m: 9:15 10 000m: 34:14
Half Marathon: 1:14,26 3000msteeple: 9:56

Best result in duathlon: 4th place World Championships

Best results in mountain running: European Champ 2005, World Champ 2006



WORLD TROPHY 2007

SEPTEMBER 15TH - OVRONNAZ (SWITZERLAND)

Men – three lap course

Women and Junior men – two lap course.

Junior women – one lap course.

Each lap is approximately 3.9km/290m ascent/descent

The World Trophy race will take place on 15th September, not over two days (15th – 16th) as previously announced.

At the time of going to press the web page is still being prepared and the course awaits final approval.

IAAF will shortly be sending invitations to national federations indicating the amount of IAAF travel assistance on offer.

Enquiries should be made to:

LOC: chairman: phil.jac@span.ch

Or WMRA Organisational delegate: isabelle.marechal@athle.org

Or WMRA Technical delegate: balicco.rai@tin.it



WORLD TROPHY 2008

Web page www.wmrt2008.org

WMRA Delegates:

Tomo Sarf (Technical);

Bruno Gozzelino

(Organisational)

The WMRA Grand Prix race on 10th June 2007 will use the 2008 mens World Trophy course.





4th WMRA World Long Distance Mountain Running Challenge 8th September 2007

The Jungfrau marathon web page is www.jungfrau-marathon.ch

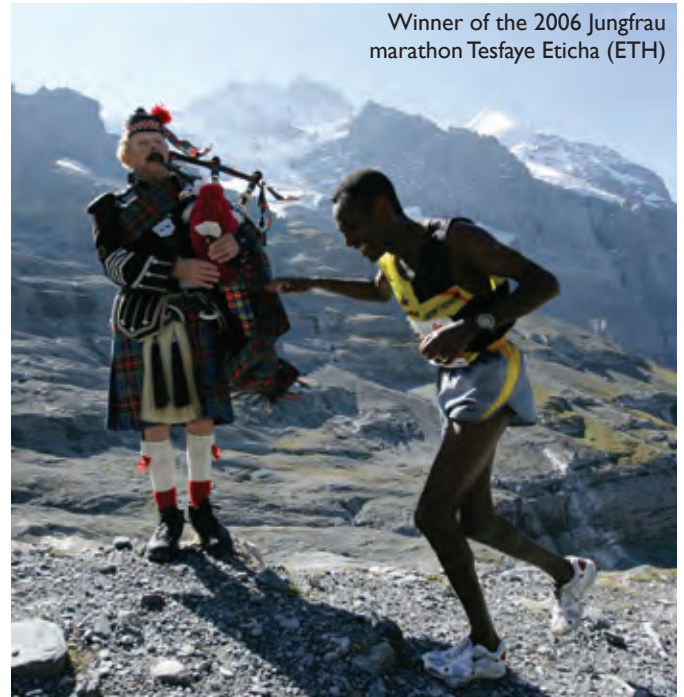


Winner of
the 2006
Jungfrau
marathon
Simona Staicu
(HUN)

The first 3 men and first woman in last years Challenge (Pikes Peak) are invited to compete this year with 75% of their travel costs paid by the LOC plus accommodation.

The famous 42km course climbs 1829m to finish under the towering cliffs of the Jungfrau and the Eiger.

The first 3 men and first 3 women in the Jungfrau race will receive 75% of their travel expenses to next years Challenge in England (the 3 peaks) and 20 elite distance athletes will be provided with accommodation.



Winner of the 2006 Jungfrau
marathon Tesfaye Eticha (ETH)

2008 WORLD LONG DISTANCE CHALLENGE MOVES TO ENGLAND

One of the longest established traditional mountain races in England, the 'Three Peaks Race' will host the World Long Distance Challenge in its 54th edition on April 26th 2008

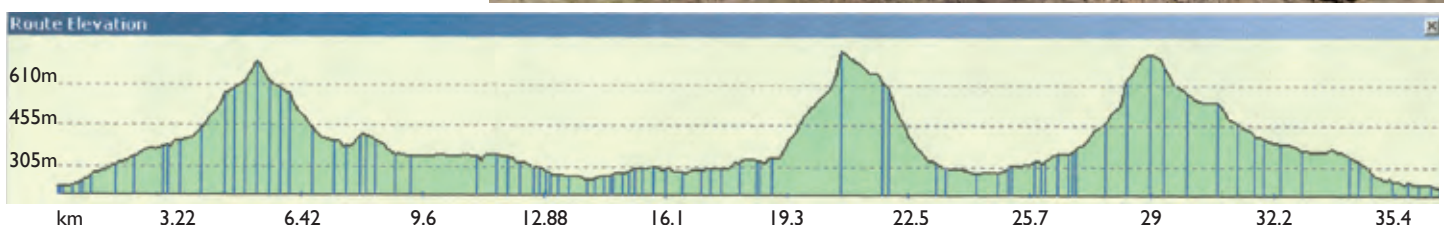
It gets the name 'Three Peaks' because the course traverses three mountains in the Yorkshire dales. It is 38km long and involves a total climb/descent of 1,400m

The course record is 2 hours 46 minutes 3 seconds set by Andy Peace in 1996.

It has been agreed that the LOC will provide 75% of the travelling expenses for the first three men and first three women in the 2007 Challenge (Jungfrau Marathon). Accommodation will also be provided for elite athletes.

The 2008 web page will be an update of the current page www.threepeaksrace.org.uk

Three Peaks Race
Photo: P Hartley



6th Masters World Mountain Running Championships

WMRA - WMA

Saillon-Ovronnaz (Switzerland)

23rd September 2006

A reasonable number of athletes (680) competed in the 6th Masters, but entry fell far short of the record number of 1120 entering in 2005 in Keswick (England).

However it is pleasing to see the Champions coming from no less than eight different countries.

Congratulations especially to those who successfully defended their titles, Gerlinder Schmittner (W60), Marianne Spronk (W55), and Kasper Scheiber (M65)

The winning nation in each category is based on the first 3 from that country. In 2007 a winning team award will also be made in the M/W 60 category

Full results can be seen on the results section of the WMRA web page where you will also find the rules for the Championships

Mens Champions

Age group	Birth	Time	Numbers
35 – 39	Sebastien Epiney (SUI)	67	50.15 51
40 – 44	Simon Gutierrez (USA)	66	48.58 101
45 – 49	Andy Wilton (ENG)	60	51.11 104
50 – 54	Colin Earwaker (NZL)	56	53.08 103
55 – 59	Mike Short (ENG)	48	48.47 61
60 – 64	Albert Anderegg (SUI)	45	48.53 61
65 – 69	Kasper Scheiber (SUI)	39	55.12 34
70+	Werner Schanne (GER)	35	56.46 24

Winning team

Winning team	
Switzerland	13
Italy	27
France	19
England	15
Germany	13
-	-
-	-
-	-

Medal Table

Nation	Gold	Silver	Bronze
Germany	5	4	4
Switzerland	3	4	3
England	2	3	2
France	1	1	1
Czech R.	1	-	-
USA	1	-	-
Slovakia	1	-	-
New Zealand	1	-	-
Italy	-	2	4
Austria	-	1	-
Norway	-	1	-
Netherlands	-	-	1

Womens Champions

Age group	Birth	Time	Numbers
35 – 39	Irena Pakosz (POL)	66	61.11 20
40 – 44	Michelle Leservoisier (FRA)	65	58.02 37
45 – 49	M-L Heilig-Duventaster (GER)	61	59.18 29
50 – 54	Paula Blanka (CZE)	54	68.23 28
55 – 59	Marianne Spronk (GER)	48	62.26 11
60 – 64	Gerlinder Schmittner (GER)	45	61.32 10
65 – 69	Barbel Berghause (GER)	40	67.28 4
70 +	Maria Marcibalova	34	81.03 2

Winning team

Winning team	
England	23
Switzerland	9
Germany	16
Italy	16
Germany	10
-	-
-	-
-	-

Marie-Luise
Heilig-Duventaster W45
Photo: Stinn



Barbel Berghaus W65
Photo: Stinn



2nd Jon Tvedt (NOR); 1st Simon Gutierrez (USA); 3rd Franco Torresani (ITA)

Photo: Stinn



7th WORLD MASTERS MOUNTAIN RUNNING CHAMPIONSHIPS

23rd September 2007

Bludenz (AUSTRIA)

WMRA - WMA

Message from Hubert Rodhammer (LOC Chairman)

You can look forward to a marvelous Championship. Our dedicated team of organizers and 200 volunteers will do their utmost to make the race an unforgettable event. The course is uphill only on the Mutterberg mountain and is the same for all categories.

Use the opportunity to enjoy a short break in the beautiful region of the Alps. Forget everyday routine and enjoy a World Championship atmosphere with a difference in our breathtaking mountain world.

Web page www.berglaufteam.com

Hubert Rodhammer competing in the
2006 World Masters in which he was 38th in M55 category

Photo: DH



Andy Wilton M45
Photo: Stinn



M65 start

Kasper Scheiber 496
Photo: DH



Albert Anderegg M60
Photo: Stinn



M70 start

Werner Schanne 760 Photo: Stinn

FINAL RANKINGS WMRA GRAND PRIX 2006

MEN					Race						TOTAL POINTS
RANK	Surname	Forename	Year	Nat.	1	2	3	4	5	6	
1	WYATT	Jonathan	72	NZL	100	100	100			130	430
2	GAJARDO	Marco	70	ITA	90		90	100	90		370
3	COX	Martin	69	GBR	85		75	70		104	334
4	DLUGOSZ	Andrzej	78	POL		60	35		85	110	290
5	KROELL	Markus	72	AUT			70	80	70	65	285
6	KOSOVELJ	Mitja	84	SLO		70		60	75	71	276
7	SKALSKY	Roman	75	CZE	70	90			55	52	267
8	Du-BOIS	Ben	75	AUS	80	85	85	14			264
9	RANCON	Julien	80	FRA			55	55	65	84	259
10	BRYDL	Pavel	80	CZE	75	75	22			41	213
11	LAMOVEC	Peter	84	SLO				90	80		170
12	ZEILER	Timo	81	GER	40		65			58	163
13	SALAMUN	Igor	65	SLO		55		50	22		127
14	CORNTHWAITE	Tom	85	GBR					40	78	118
15	VALOUR	Paul-Henry	82	FRA				22	50	37	109
16	ALIC	Simon	71	SLO		80			28		108
17	FRICK	Gerd	74	ITA	45		60				105
18	ZARNIK	Sebastjan	77	SLO		65	20				85
19	HEIGL	Thomas	80	AUT	60		24				84
20	DEDEK	Ales	75	CZE	65		16				81
21	KASTELIC	Peter	83	SLO					35	45	80
22	BROWN	John	69	GBR	50	28					78
23	BELL	Angus	80	NZL				30	45		75
24	PECHEK	Petr	83	CZE			26	45			71
25	DORSZYNSKI	Grzegorz	83	POL	26	35					61
26	VARADY	Kamil	84	SVK	18			26	14		58
27	RANCON	Maxime		FRA					18	25	43
28	BROWN	Stephen	85	AUS	14	20	8				42
29	HOLEC	Pavel	85	CZE		28	10				38
30	BRADSHAW	Martin		IRL				4		31	35
31	WALTON	Brian	53	GBR				2		28	30
32	DEMETER	Richard	65	SVK	4	12			8		24
33	MARAZ	Kladvij	62	SLO		18			4		22
34	BENKO	Janez	68	SLO		6			1		7
35	SAVS	Ivan	56	SLO		3		1			4

WOMEN					Race						TOTAL POINTS
RANK	Surname	Forename	Year	Nat.	1	2	3	4	5	6	
1	PICHRTOVA	Anna	73	CZE	100	100	100		130		430
2	KOSOVELJ	Mateja	86	SLO		90		80	100	117	387
3	MILESOVA	Iva	77	CZE	90	85	75			110	360
4	ZATORSKA	Izabela	62	POL	85	80			85	91	341
5	FROST	Anna	81	NZL		70	85		70	84	309
6	KRKOC	Lucija	86	SLO		55		40	90	97	282
7	LILGE-LEUTNER	Carina	60	AUT	75		50	70	55		250
8	ROBERTI	Maria-Grazia	66	ITA			90	50	75		215
9	BUCKLEY	Anne	67	GBR	55			45		104	204
10	LAZNIK	Waltraud	72	AUT	80		65				145
	MRAK	Valerija	71	SLO		65			80		145
12	TUSAR	Mihaela	66	SLO		60		16	45		121
13	PAKOSZ	Irena	66	POL	40	50		30			120
14	MATYASOVA	Pavla	80	CZE	60			55			115
15	SUSTARSIC	Mateja	73	SLO		40			65		105
	BUSS	Stefanie	75	GER			40	65			105
17	KAPUSCINSKI	Marion	67	AUT	30		55				85
18	DE-NOOIJER	Elisabeth	64	NED	22	26		18			66
19	TROBEC	Ursa	67	SLO		28		12	24		64
20	GASHI	Edita	76	SLO		24			35		59
21	TROBEC	Marija	61	SLO		16			22		38
22	GRICAR	Marta	65	SLO		8			28		36
23	PECHKOVA	Jana	85	CZE			22	14			36
24	GRM	Olga	49	SLO		12			18		30
25	KAUFMANN	Angelika	71	AUT	10		12				22

1	Heiligenblut / Grossglocknerlauf	23 July	AUT
2	Karnik / Tek na Grintovec	30 July	SLO
3	Telfes / Schlickeralmlauf	6 Aug	AUT
4	Saillon / Course des 2 Bains	24 Sept	SUI
5	Ljubljana / Tek na Smarno goro	7 Oct	SLO
6	Gibraltar	28 Oct	GIB

Athletes who finished in the prize-winning positions in the above ranking lists (first 15 men and first 9 women) are entitled to accommodation provision from this years GP race organisers, and of course, the same provision in 2008 will be available to this years prize-winners.

The 2007 Grand Prix will consist of just four races with a slightly modified scoring system. The full regulations can be seen on www.wmra.info by selecting the Grand Prix page. The 2007 Grand Prix races are shown in the WMRA calendar and each will be granted IAAF permit status.

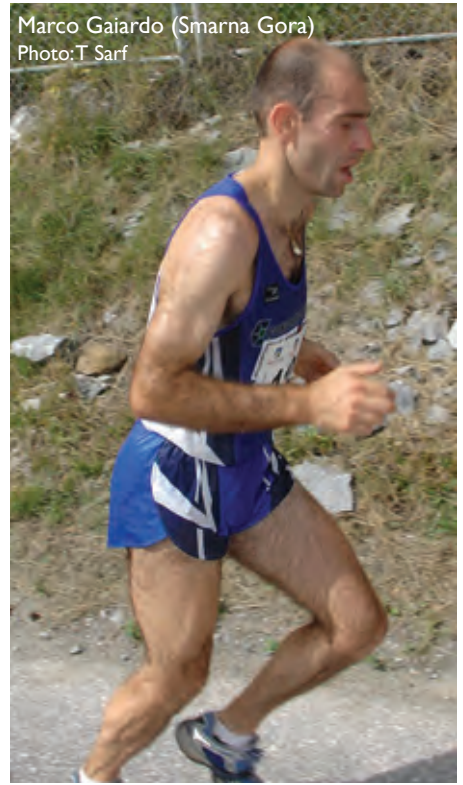
Martin Cox (Grossglockner)
Photo: fotohorst



Iva Milasova (Grossglockner)
Photo: fotohorst



Marco Gaiardo (Smarna Gora)
Photo: T Sarf



Congratulations to Jonathan Wyatt (NZL) and Anna Pichrtova (CZE) winners of the 2006 GP, both undefeated with maximum points
Photo: DH



Grand Prix Prize winners
Photo: DH



Grand Prix Prize winners
Photo: DH





THE WORLDS RICHEST MOUNTAIN RACE

Obudu Ranch International Mountain - Race Cross River State, Nigeria
www.obuduranchmountainrace.com

The 2nd edition of the Obudu Ranch International Mountain Race on 25th November attracted a world class field. The men mountain runners were represented by the 2006 World Trophy gold and silver medallists Ortiz (COL) and Wyatt (NZL). The winner of the \$50,000 first prize was Kenyan Francis Kibiwott running his first mountain race. Rolando Ortiz collected the \$20,000 second prize while Jonathan Wyatt finished fifth winning \$7,000.

The ladies race over the same course was won by the Ethiopian Kedir Rehima who collected the same value prize as the men - \$50,000. The 2006 Jungfrau victor, Simona Staicu collected the

\$20,000 second prize. World Trophy competitors did well. Anita Eversten of Norway (4th in 2006 World Trophy) won \$9,000 in third position, beating World Champion Andrea Mayr (\$8,000) in a sprint for the finish. Nicole Hunt, USA, (9th in World Trophy) was fifth for \$7,000, Christine Lundy, USA (16th in World Trophy) was 6th for \$6,000. Melissa Moon, NZL (14th in World Trophy), still feeling the effects of the car crash finished 8th for \$4,000. Results appear on the WMRA web page. The 3rd edition of the race is planned for November 24th 2007

Kibiwott leading, with Ortiz (red vest) and Wyatt (grey vest) in the leading group
 Photo: DH



WMRA 2007 CALENDAR

WMRA Events and Championships

8 September	4 WMRA World Long Distance Mountain Running Challenge	Interlaken
15 September	23 WMRA World Mountain Running Trophy	Ovornaz
23 September	7 WMRA/WMA 'World Masters' Mountain Running Championships	Bludenz

IAAF Area Championships 2007

8 July	6 European Mountain Running Championships	Cauterets
12 August	2 CONSUDATLE Mountain Running Championships	Caracas
28 July	4 NACAC Mountain Running Championships	Canmore

9 WMRA Grand Prix 2007

10 June	Sierre - Crans Montana G.P. race 1	Sierre-Crans-Montana	Switzerland
15 July	8 Großglocknerlauf International GP race 2	Heiligenblut	Austria
5 August	20 Schlickeralp Berglauf GP race 3	Telfes	Austria
6 October	28 Smarna Gora International GP race 4	Ljubljana	Slovenia

WMRA International 'associate member' races 2007

18 February	12 Mount Cameroon Race	Buea	Cameroon
18 March	Carera 2° Circuito Montana Gatorade race 1	Caracas	Venezuela
29 April	53 Three Peaks Race	Horton-in-Ribblesdale	England
12 May	32 Parsec Trophy	Moscow	Russia

17 May	27 La Montée du Grand Ballon	Merida	France
20 May	Carera 2° Circuito Montana Gatorade race 2	Grabs	Venezuela
19 - 20 May	23 International Gamperney Berglauf	Gorham, New Hampshire	Switzerland
16 June	47 Mt. Washington Hill Climb	Susa	USA
24 June	8 Memorial "Marco Germanetto" (2 WMRA Youth Challenge)	Caracas	Italy
15 July	Carera 2° Circuito Montana Gatorade race 3	Llanberis	Venezuela
28 July	32 International Snowdon Race	Karnik	Wales
29 July	10 Grintovec International	Zinal	Slovenia
12 August	33 Sierre-Zinal	Ebensee	Switzerland
12 August	12 Internat. Salinen Austria Feuerkogel Berglauf	Loen (Stryn)	Austria
18 August	6 Skaala Uphill	Maritou Springs	Norway
18 August	52 Pikes Peak Ascent	Maritou Springs	USA
19 August	52 Pikes Peak Marathon	Maritou Springs	USA
19 August	29 Internationaler Kitzbueheler Horn	Kitzbuehel	Austria
30 September	34 Hochfölln Berglauf	Bergen	Germany
21 October	50 Trofeo "E. Vanoni" (relay intern.)	Morbegno	Italy
24 November	3 Obudu Ranch International Mountain Race	Cross River State	Nigeria

Further details of all WMRA associate member races may be obtained from the WMRA Secretary, Bruno Gozzolino. Event web pages, when available, may be found on the links page of:

www.wmra.info



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mudroc™ 280
 BRITISH, ENGLISH &
 EUROPEAN CHAMPIONSHIP
 WINNING SHOE
 2005 WORLD TROPHY
 WINNING SHOE



mudroc™ 290
RUNNER'S
 PRODUCT OF THE YEAR 2003
 2003 WORLD TROPHY
 WINNING SHOE



flyroc™ 310
TRAIL
 2005 BEST TRAIL
 RUNNING SHOE
Trail Runner
 EDITOR'S CHOICE



roclite™ 315
TRAIL
 2006 BEST TRAIL
 RUNNING SHOE
 2006 COLORADO TRAIL
 SPEED RECORD SHOE



roclite™ 318 GTX



terroc™ 330



flyroc™ 345 GTX



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Isabella Guillot
(FRA) 3rd
Photo:
P Hartley



Opening Ceremony
Photo: P Hartley

Memories of Bursa (Turkey)

Tesfay Felfele
(ERI) 3rd
Photo:
P Hartley



Looking down on Bursa
Photo: Peter Hartley